



Northern (Arctic) Federal University



The Northern (Arctic) Federal University is a part of the prestigious network of few federal universities in Russia, and is one of the Russian North-West top research universities aiming at the needs of the Russian North and the Arctic. NArFU includes 15 institutes, 9 research and educational centers. The total number of students studying at the Northern (Arctic) Federal University makes approximately 30 thousand, including international students.

We are warmly-welcoming to international students giving us an invaluable insight into their cultures and traditions. The diverse international community makes NArFU a perfect place to broaden and enrich personal horizons and make friends from all around the world.

By becoming a student you'll enter the academic community and experience our traditional hospitality and warm attitude of the University staff.

For additional info visit <http://www.narfu.ru/en/>

Arkhangelsk

The Northern (Arctic) Federal University is located in the North-West of Russia, in Arkhangelsk.

Arkhangelsk has a history of several centuries. Founded in 1584 by the order of Ivan the Terrible, the city was turned into one of the prominent trade centers and played a crucial role in the relations between Russia and Western Europe. Today Arkhangelsk is a large international port on the White Sea. The city is the capital of the Arkhangelsk region. It is a historical, industrial, scientific and cultural centre in the North of Russia.



The city is situated on the banks of the Northern Dvina River. It is located 1130 km from Moscow, in the northwest of Russia, above the 64th parallel. The population of the city is 355 thousand people. Much of the city's economy is based on timber, shipbuilding, fishing and trade.

The Hostel Facilities

The University has a well-developed infrastructure – student’s hostels, sports complexes, stadium, swimming pool, ski lodge, Medical Centre, Student’s Centre, libraries and Internet resources.



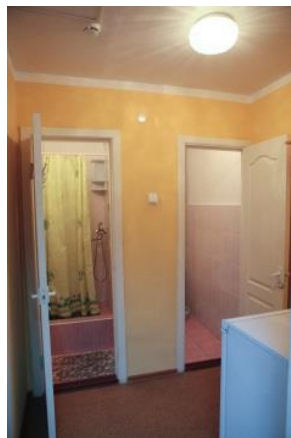
The hostel facilities: a standard room (for 1 person) and a large room (for 2 persons), shared kitchen (for 5-10 persons) and bathroom (for 2 persons). Room and kitchen are furnished. Wi-Fi is available.

Cost of on-campus housing:

- 2918 RUB (approx. \$95) per person/month (standard room for 1 person)
- 1459 RUB (approx. \$ 47) per person/month (large room for 2 persons)

The rooms are reserved since January 10th

For additional info visit <http://www.narfu.ru/en/international/projects/aurora/costs.php>



Students' life

You will experience the hospitality of Pomor people, visit every corner of our northern city and take part in celebrations and events during the student's life in Northern (Arctic) Federal University. You can join social organizations of the university and participate in university events.

You will be able to find many friends and be sure they will never let you get bored in Arkhangelsk!

You will feel the absolute charm of the Russian winter!

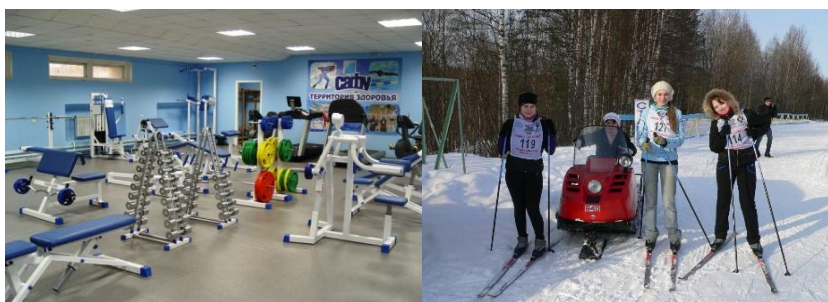
- Excursion to the most picturesque sights of Arkhangelsk region such as open-air museum of wooden architecture Malye Korely
http://www.pomorland.info/02_english_version/destinations/malye_karely/ , Lomonosovo Village
http://www.prosv.ru/umk/spotlight/info.aspx?ob_no=31622# and other sights.
- Walking sightseeing tours around the city
- Concerts and performances of local bands and Northern Choir



Sports events

An important part of University's life takes place at "Arctica" sports center. In a newly opened gym of Sports Complex №1 you can practice body-building and fitness, yoga and callanetics.

The university also has a ski center "Iles", powerlifting section, chess club. You can participate in badminton, swimming, table tennis and mini-football competitions. NArFU's sports center offers training in: basketball, football and mini-football, volleyball, swimming, athletics, ski races, table tennis, polyathlon, orienteering, Nordic walking.



You can always search for details on <http://www.narfu.ru/en/sl/>

Cultural life

NArFU's Creativity Center is a developed base for amateur activities: guitar singing, poetry club, acoustic guitar studio, vocal studio, university choir, poetry studio, dance studios and choreography groups. If you like Latino music and dancing you may attend salsa dance classes.

NArFU also has a media-center for practical journalism called 'Arctic Bridge', where anyone in pursuit of becoming journalists can try themselves as radio or TV journalists, or 'Arctic Vector' university paper reporters.

The project «National cuisine days» traditionally goes on in the student cafeteria at NArFU. The students can try the cuisine of different countries, listen to folk music and even see national dancing. The organizers of the culinaric experience is the Azerbaijan youth organization of Russia (AMOR) together with NArFU.



Students say....

"That's one of the great things about your fellow students in Arkhangelsk - they are very social, and take good care of you while you are there. As a student you are never alone...I will never forget when my classmates invited me on a fishing trip outside Arkhangelsk. I remember how nice it was to sit by the river around an open fire playing the guitar and singing Russian classical songs, in the middle of the night. Those moments I will never forget." (Vegard Seljemo, exchange student, Tromsø, Norway)

"Arkhangelsk is a peaceful city, but there is always something interesting going on. People are really friendly and it is easy to get Russian friends there...And there was also many of those great nights with my Russian (and foreign) friends in the great music-club Koleso." (Kaisa Vainio, exchange student, Oulo, Finland)

<http://barentsobserver.com/en/society/arkhangelsk-attracts-foreign-students>



Photo: Rune S. Alexandersen

Welcome to Northern (Arctic) Federal University!